

Dr. Nerenberg's Program to be a **BOARD CERTIFIED POWER TRAINER**

My name is C.T. Fletcher. I am a six-time World Record holding champion in the sport of power lifting.

I have never endorsed any other certification program. My reason for endorsing this one is because of the man behind the program. Dr. Arnold P. Nerenberg.

I've had the pleasure of knowing Dr. Nerenberg for the past 10 yrs. He is without a doubt the leading authority in the world today on the science of power lifting.

He has been my one and only personal mentor, showing his vast knowledge on the mental aspects of strength training.

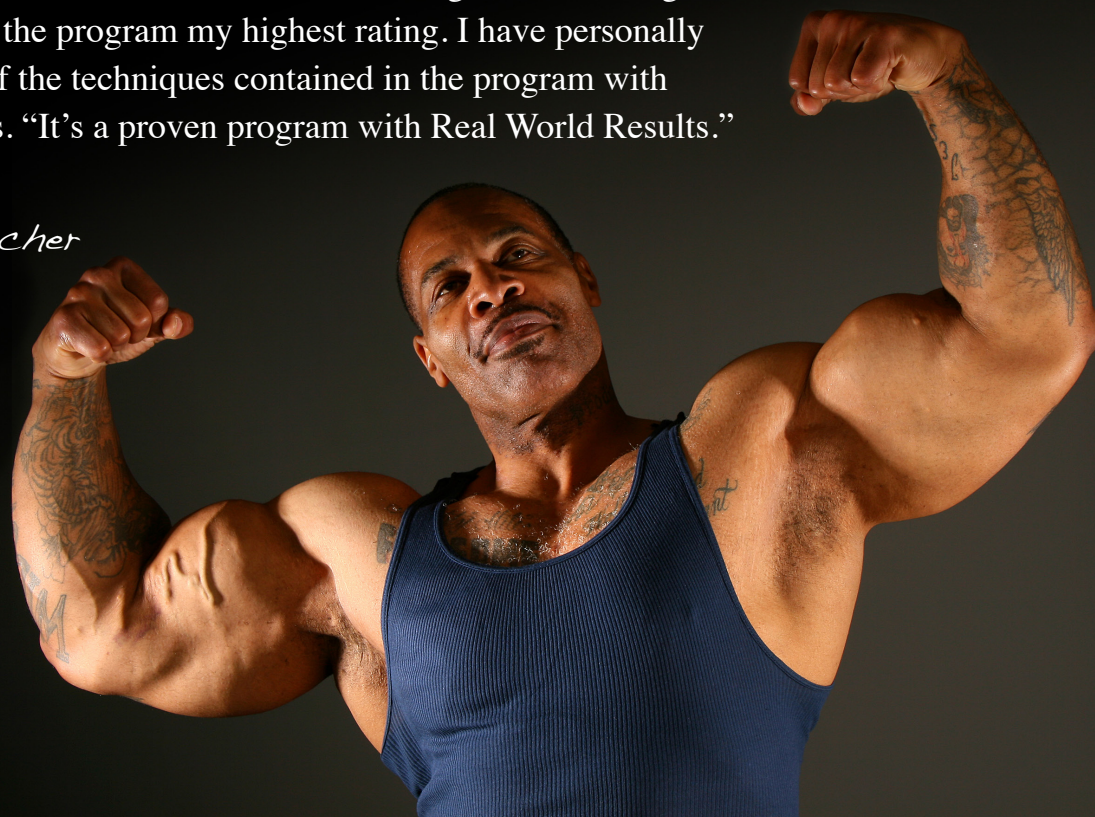
In his 70th year of age, Dr. Nerenberg has accomplished countless amazing feats of strength. He has set world records in the Power-Pull-Up, the T-Bar-Row, the Bench Press and performed a truck pull with a Ford F-150 pickup truck packed with 16 adults. He is a "King" in the World of Power.

Conqueror of the physical, as well as mental disciplines, necessary to perform the great feats of strength, the Program is GREAT because of the GREAT man behind the program.

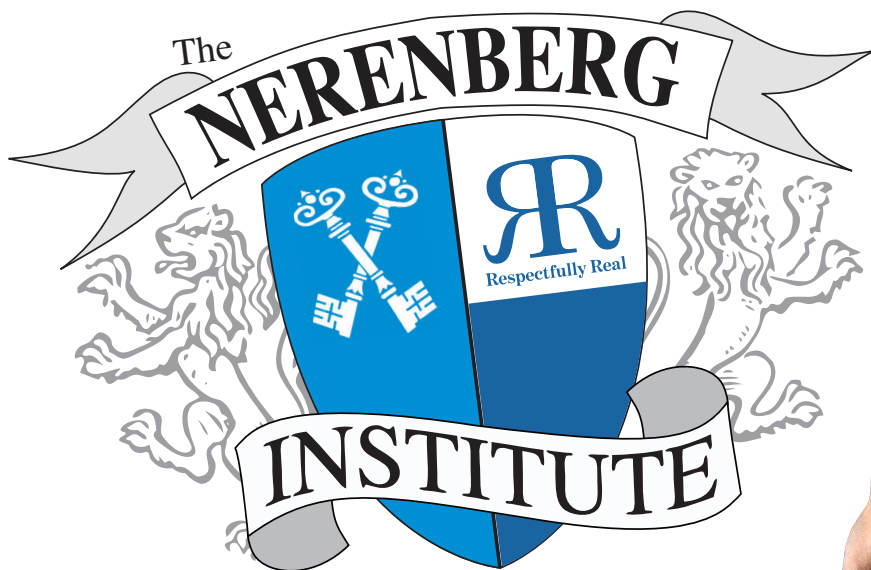
The creator and author, "The Amazing Dr. Nerenberg."

I give the program my highest rating. I have personally used many of the techniques contained in the program with great success. "It's a proven program with Real World Results."

C.T. Fletcher



Dr. Nerenberg's Program to be a **BOARD CERTIFIED POWER TRAINER**



Dr. Nerenberg's Mind-Body-Workout System will help you and your clients develop an extremely powerful body and mind.



Endorsed by six-time World Record holding power lifter C.T. Fletcher!



ABOUT THE FOUNDER AND TEACHER BEHIND THE NERENBERG INSTITUTE

Dr. Arnold P. Nerenberg, PhD, is an internationally renowned clinical psychologist, motivational speaker and educator. He has been in practice for over 35 years and is the world's leading authority on road rage, founder of: The Social Revolution of Dialogue, Gym Therapy and The Nerenberg Institute. He is the author of over 100 self-help books.

Born in 1941, Dr. Nerenberg has been lifting weights for over half a century and power lifting since 2001. He is a world champion power lifter and won the title of "The World's Strongest Drug-Free Man" for his age and weight and also holds the title of "Mr. Universe Street Physique."

The Nerenberg Institute • 7238 Painter Avenue, Whittier, CA 90602

Tel: 562-693-5600 • Fax: 562-945-0637

Email: nerenberg5@aol.com • www.nerenberginstitute.com